



Parenting Way, Inc.

POLK COUNTY Parent Education

Ten weekly classes that increase Parenting Abilities and Awareness, teach the importance of Values and build Respectful Individuals and Families.

Ongoing Family Support and Parent Development

CLASSES MEET WEEKLY FOR TWO HOURS EACH. You must attend ALL TEN classes to receive a Certificate and class documentation of participation.

WEST DES MOINES Class Days and Times:

EVERY TUESDAY— 6:00 to 8:00 pm & EVERY THURSDAY 12:30 TO 2:30 pm

Location: Parenting Way Offices _ Classroom_ 1211 Vine Street Suite 2140

You must choose either the Tuesday or Thursday Class Schedule

In this Class you will learn:

1. Abilities to find solutions through Resources and Services in your Community
2. Successful Communication
3. Identification of Your Stressors
4. ACE'S and past Trauma Factors that can Impact families
5. Identification of Your Strengths
6. Unconditional Love and Bonding
7. Involvement in your Child's School
8. Domestic Violence Facts and Effects on Children
9. Disciplining your Child without Harm
10. Protecting Your Child from a Predator

**ALL PROGRAMS ARE AT NO COST
A REFERRAL SHEET IS AVAILABLE IF APPLICABLE.**

**You may register by calling 515-255-9490
Emailing us at info@parentingway.org
Online registration is available at www.parentingway.org**

**This Parent Education Program is funded by the Iowa Department of Human Services
Polk County DCAT Board and
Community Based Child Abuse Prevention (CBCAP) Funding
Polk County Community Partnerships for Protecting Children (CPPC)**



Educating Parents for the Health, Safety and Success of Children and Youth

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