



# Parenting Way, Inc.

## STORY COUNTY Parent Education

Ten weekly classes that increase Parenting Abilities and Awareness, teach the importance of Values and build Respectful Individuals and Families.

Ongoing Family Support and Parent Development

**CLASSES MEET WEEKLY FOR TWO HOURS EACH. You must attend ALL TEN classes to receive a Certificate and class documentation of participation.**

**Class Day and Time: EVERY MONDAY— 6:00 to 8:00 pm Church Library  
Location: First United Methodist Church 516 Kellogg Ave. Ames, IA**

### In this Class you will learn:

1. Abilities to find solutions through Resources and Services in your Community
2. Successful Communication
3. Identification of Your Stressors
4. ACE'S and past Trauma Factors that can Impact families
5. Identification of Your Strengths
6. Unconditional Love and Bonding
7. Involvement in your Child's School
8. Domestic Violence Facts and Effects on Children
9. Disciplining your Child without Harm
10. Protecting Your Child from a Predator

**ALL PROGRAMS ARE AT NO COST.**

**A REFERRAL SHEET IS AVAILABLE IF APPLICABLE.**

**YOUTH AND CHILDREN'S PROGRAM AVAILABLE**

**You may register by calling 515-255-9490 or 515-460-9929**

**Emailing us at [info@parentingway.org](mailto:info@parentingway.org)**

**Online registration is available at [www.parentingway.org](http://www.parentingway.org)**

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Story County Community Partnerships for Protecting Children (CPPC)**



*Educating Parents for the Health, Safety and Success of Children and Youth*